

MASK DO'S:

- DO wear a non-surgical mask to protect others;
- DO wash your hands or use alcohol-based hand sanitizer before and after touching your mask;
- DO use the ear loops or ties to put on and remove mask;
- DO ensure your nose and mouth are fully covered;
- DO wash your mask with hot soapy water and let it dry completely before wearing it again;
- DO store a re-useable mask in a clean paper bag until you wear it again;
- DO discard mask that cannot be washed in a plastic lined garbage bin after us.

MASK DON'TS:

- DON'T reuse masks that are moist, dirty or damaged;
- DON'T wear a loose mask;
- DON'T touch mask while wearing it;
- DON'T remove mask to talk to someone;
- DON'T hang mask from your neck or ears;
- DON'T wear mask under your chin;
- DON'T share your mask;
- DON'T leave your used mask within reach of others.

WASHING INSTRUCTIONS FOR YOUR MASK:

- ❖ Use hot water and any detergent/soap you have at home;
- ❖ Wash by hand for at least 20 seconds;
- ❖ Rinse well;
- ❖ Can either hang to dry or put in a dryer;
- ❖ Your mask should be washed every day – you can wear one mask for the duration of the day and wash each evening.

WHAT TO DO IF YOU ARE SICK:

If you are legitimately sick you should stay home! (I know sometimes people say they are sick when they really aren't just because they don't want to go to class!) The Elders say "Don't pretend to be sick because if you do.... you will eventually really get sick". Your instructors usually know when you are trying to pull the wool over their eyes!

The fall is flu season so it is inevitable that people will be getting sick. Wearing a mask will help keep those germs away as well. We don't want to be spreading any kind of sickness to the important people around us.

Your Education is important but you also need to be healthy to get the most out of what you are taught on a daily basis. Don't waste sick days when you are not really sick.

- You will be expected to call the front desk if you are sick so we can keep tabs on how many students are sick at any given time

WHAT WILL HAPPEN IF I DON'T FOLLOW THESE IMPORTANT INSTRUCTIONS

Failure to follow the guidelines will mean you will be terminated from your program. It is important we be respectful of everyone around us

COVID – 19 IS A VERY SERIOUS HEALTH RISK AND SHOULD BE TAKEN SERIOUSLY!



**YELLOWQUILL
COLLEGE**

**COVID – 19 Safety
Precautions for
Yellowquill College**

The Instructors and Management Staff of Yellowquill College welcome you all. Whether you are returning as a second year student or are a new student, we welcome you.

I am sure you are all aware of the COVID-19 Pandemic and how it is affecting everything all over the world. All Educational Institutes – Colleges, Universities and the K – 12 school system are all being affected.

When the pandemic first hit Canada, and then Manitoba, everything was shut down. YC has learned a great deal on how to continue to run our programs without on-site instruction and hopefully we do not get to that point again. We are now in a position whereby we have to learn to live with it.

The College will give you each an introductory package which will contain hand sanitizer and re-useable masks with washing instructions.

I want to outline some of the safety precautions we will be expecting the staff and to students to comply with. Everyone needs to keep in mind that what you do affects everyone around you; fellow classmates, your instructors and the families and friends of all those people. You have an obligation to keep all of that in mind as you live your daily lives. There are certain environments/situations where it is more common for the virus to spread and I would hope that you refrain from going to those places without following proper safety precautions. For example: bars, large gatherings and places considered "hot spots".

Our First Nation communities have done an excellent job of keeping the virus out of their communities and if you travel back and forth to your home communities, please keep in mind that all of those community people can be affected if you disregard the precautions.

As a STUDENT you will be required to do the following:

- Sanitize your hands upon entry into the College;
- Wear a mask upon entry into the College;
- Maintain the 6 feet distancing requirement at all times when outside of the classroom;
- Depending upon classroom size and the ability to maintain the 6-foot social distancing wearing a mask within the classroom will be at the Instructors discretion (it would be safer to use a mask at all times until the numbers go down);
- Wash your hands regularly throughout the day especially after using the washrooms;
- Refrain from spitting on the grounds outside the College;
- If you smoke remember to practice social distancing when outside;
- When in the student lounge downstairs ensure you follow the 6 feet social distancing rule – if you can't then we may have to close off that area;
- Most importantly...**BE RESPECTFUL OF YOUR FELLOW STUDENTS AND YOUR INSTRUCTORS.**

As an INSTRUCTOR/STAFF you will be required to do the following:

- Sanitize your hands upon entry into the College;
- Wear a mask upon entry into the College;
- Maintain the 6 feet distancing requirement at all times when outside of the classroom;
- Depending upon classroom size and the ability to maintain the 6 feet social distancing wearing a mask within the classroom will be at your discretion (it would be safer to use a mask at all times);
- Wash your hands regularly throughout the day especially after using the washrooms;
- If you smoke remember to practice social distancing when outside;
- When in the staff lounge ensure you follow the 6 feet social distancing rule;
- Most importantly...**BE RESPECTFUL OF YOUR STUDENTS AND YOUR FELLOW INSTRUCTORS/STAFF.**